

EVERGREEN MIDDLE SCHOOL LUNCH MENU

September

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					NO SCHOOL - WAIVER DAY	Milk offered 1% white and fat free chocolate and strawberry
3	4	5	6	7	8	9
	NO SCHOOL - LABOR DAY	NO SCHOOL - FAIR DAY	BREAKFAST: LUNCH: Sloppy Joe, Salsbury Steak or Fish on Bun, Sweet Potatoes, Peas and Carrots, Assorted Fruit	BREAKFAST: LUNCH: Chicken Strips, Dinner Roll, Golden Corn, Assorted Fruit	BREAKFAST: LUNCH: Quesdillas, Romaine Salad, Broccoli, Assorted Fruit	Fresh fruit choices and canned fruit offered every day.
10	11	12	13	14	15	16
	BREAKFAST: LUNCH: Pizza Calzone, Marinara Dipping Cup, Peas and Carrots, Green Beans, Assorted Fruit	BREAKFAST: LUNCH: SEPT. BIRTHDAY,BUY A LUNCH, GET A RICE KRISPIE TREAT, Delux Nacho w/meat and cheese, Philly Frijoles, Broccoli, Assorted Fruit	BREAKFAST: LUNCH: Viking Rib Sandwich or Fish on Bun, Mixed Vegetables, Baked Beans, or Carrots w/dip, Assorted Fruit	BREAKFAST: LUNCH: Chicken Patty on Bun, Tomato Slice, Potato Fries, Assorted Fruit	BREAKFAST: LUNCH: POP TART FRIDAY, Pizza, Romaine Salad, Peas, Assorted Fruit	Starting Wednesday, September 13, Viking Sub w/onions, lettuce, tomatoes will be served. Will be available in one line only.
17	18	19	20	21	22	23
	BREAKFAST: LUNCH: Hamburg on Bun, Mini Sweet Potato Fries, Cooked Carrots or Carrot with dip, Assorted Fruit	BREAKFAST: LUNCH: Turkey and Gravy over Mashed Potatoes, Green Beans, Dinner Roll, Assorted Fruit	BREAKFAST: LUNCH: BBQ Pork or Fish on Bun, Baked Beans, Assorted Fruit	BREAKFAST: LUNCH: Chicken Nugget,Ketchup or BBQ Cup, Dinner Roll, Golden Corn, Assorted Fruit	BREAKFAST: LUNCH: POP TART FRIDAY Quesidillas, Romaine Salad, Green Peas, Assorted Fruit or Sidekick Slushies	Hummus served with the fresh vegetables
24	25	26	27	28	29	30
	BREAKFAST: LUNCH: French Toast, Syrup, Sausage Patties, Tater Tots, Assorted Fruit	BREAKFAST: LUNCH: TACO TUESDAY Terrific Tacos on Shell w/meat, lettuce, cheese and salsa,Green Beans, Philly Frijoles, Assorted Fruit	BREAKFAST: LUNCH: Sweet and Sour Chicken over Rice w/vegetables or Fish on Bun, Sweet Potatoes, Mixed Vegetables, Assorted Fruit	BREAKFAST: LUNCH: Hot dog on Bun or Corndog, Baked Beans, Carrots w/dip, Assorted Fruit	BREAKFAST: LUNCH: POP TART FRIDAY, Pizza, Romaine Salad, Green Peas and Carrots, Assorted Fruit	Menu subject to change

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